

Nowadays almost everyone is "online". The reason of that is Covid-19 and the whole global pandemic. We were forced to change our lives. The effect of this is that courses and schooling online are gaining popularity. The question is: Is it good and healthy?

First of all online courses saves us a lot of time. You don't have to spend every morning in traffic jam and then coming back from school at 6 p.m. You can spend time that you will usually spend in metro, for instance still sleeping.

Another benefit of schooling online is that you can be everywhere in the world and still be "in class". On the one hand you may be laying at the beach in Miami and on the other hand continue to participate in math class. Isn't that amazing? Many people would definitely say "yes".

The most important disadvantage of online learning is that people spend too much time by the screen. The statistical data shows that our eyesight is getting worse by every year. It is often said that 20 years ago not that many people and kids had problems with seeing.

Another drawback of online courses and trainings is that in most cases it is impossible to be one hundred percent focused. Obviously there is just too many distractions around us such as phone, people and sounds.

Taking everything into consideration I think that "normal" schooling and stationary courses are better option. We can't have everything online and I strongly believe that some things should stay the old way. Although, I think that online learning is much easier, people might need to see each other sometimes. Thats very important.

Nikola Piekart 3M