## using mobile phone

Can you Imagine today's world without mobile phone?

Many people belive that it is one of the greatest invences of the XXth country. But is it healthy true that this gadget has only positive aspect.

There are a number of actrantoys to use a mobile phone. to start with, communication with friends and family much easier. In this way, we can keep in touch all the time and quickly pass the good and bad news. Secondly mobile phones have acces to the internet.

As a consequence, it is possible to search for information on different website and gain knowledge. Finally this device is a rich source of entertainment. For example it can be used to watch films, listen to music or podcast and play games.

On the other hand using mobile phones has a number of dissadventges.

First and for most, it can lead to an addiction. It happens in the situation when people spend to much time playing with it, neglecting their family, friends and decties. Moreover, your mobile can be hacked. For this reason, losing identity, money or confidential information, is a just a metter of time. Last but not least, over using a mobile is said to be detrimental to peoples health. They may suffer from insomnia or complain about poor egesight.

All thind considered, although there are advantages to using mobile phones, I Belive that they make our lif easier as long as we used them inmoderation.